

KEYSTONE North Rock Creek High School Breakfast November 2024



Mon, 10 /28	Tue, 10 /29	Wed, 10 /30	Thu, 10 /31	Fri, 11 /1
Oatmeal Cinnamon Toast or Cereal & Toast Fruit Juice Milk	Smoothie & Granola or Cereal & Toast Fruit Juice Milk	Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk	Donut or Cereal & Toast Fruit Juice Milk
Mon, 11 /4	Tue, 11 /5	Wed, 11 /6	Thu, 11 /7	Fri, 11 /8
Oatmeal & Toppings or Cereal & Toast Fruit Juice Milk	Breakfast Scramble Toast or Cereal & Toast Fruit Juice Milk	Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Yogurt Parfait or Cereal & Toast Fruit Juice Milk	Cinnamon Roll or Cereal & Toast Fruit Juice Milk
Mon, 11 /11	Tue, 11 /12	Wed, 11 /13	Thu, 11 /14	Fri, 11 /15
Sausage Patty Toast or Cereal & Toast Fruit Juice Milk	Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk	Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Smoothie & Granola or Cereal & Toast Fruit Juice Milk	Donut or Cereal & Toast Fruit Juice Milk
Mon, 11 /18	Tue, 11 /19	Wed, 11 /20	Thu, 11 /21	Fri, 11 /22
Breakfast Burrito or Cereal & Toast Fruit Juice Milk	Fruit Turnover or Cereal & Toast Fruit Juice Milk	Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Apple Cinnamon Oatmeal Toast or Cereal & Toast Fruit Juice Milk	Scrambled Eggs or Cereal & Toast Fruit Juice Milk
Mon, 11 /25	Tue, 11 /26	Wed, 11 /27	Thu, 11 /28	Fri, 11 /29
No School	No School	No School	No School	No School

^{*}THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



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Mon, 10 /28	Tue, 10 /29	Wed, 10 /30	Thu, 10 /31	Fri, 11 /1
Corn Dog Tater Tots Green Beans Fruit Fruit Milk	Pizza Glazed Baby Carrots Cucumber Slices Fruit Fruit Milk	Chicken Nuggets Tater Tots Dinner Roll Fruit Fruit Milk	Ham & Cheese Melt Caesar Salad Baby Carrots Fruit Fruit Milk	Taco Soup Chili Beans Tortilla Chips Salsa Fruit Fruit Milk
Mon, 11 /4	Tue, 11 /5	Wed, 11 /6	Thu, 11 /7	Fri, 11 /8
Oven Roasted Chicken Caesar Salad Roasted Carrots Fruit Fruit Milk	Beef & Bean Enchilada Chili Beans Tortilla Chips Salsa Fruit Fruit Milk	Chicken Nuggets Mashed Potatoes & Gravy Broccoli Dinner Roll Fruit Fruit Milk	Grilled Cheese Sweet Potato Fries Cucumber Slices Fruit Fruit Milk	Corn Dog Tater Tots Fruit Fruit Milk
Mon, 11 /11	Tue, 11 /12	Wed, 11 /13	Thu, 11 /14	Fri, 11 /15
Bacon Ranch Mac & Cheese Green Beans Baby Carrots Dinner Roll Fruit Fruit Milk	Nacho Bar (Chicken, Queso and Tortilla Chips) Refried beans Salsa Mexican Salad Fruit Fruit Milk	Ham & Cheese Melt Caesar Salad Tater Tots Fruit Fruit Milk	BBQ Pork Loin Broccoli & Cheese Side Salad Dinner Roll Fruit Fruit Milk	Frito Chili Pie Corn Fruit Fruit Milk
Mon, 11 /18	Tue, 11 /19	Wed, 11 /20	Thu, 11 /21	Fri, 11 /22
Pizza Italian Salad Baby Carrots Fruit Fruit Milk	Chicken Soft Taco Refried beans Tortilla Chips Salsa Fruit Fruit Milk	Thanksgiving Turkey Mashed Potatoes & Gravy Dressing Green Beans Dinner Roll Pumpkin Pie Fruit Milk	Cheeseburger Mac Green Beans Baby Carrots Breadstick Fruit Fruit Milk	Chicken Nuggets French Fries Dinner Roll Fruit Fruit Milk
Mon, 11 /25	Tue, 11 /26	Wed, 11 /27	Thu, 11 /28	Fri, 11 /29
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